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JOSE R. deCAPRILES, 1912-1969

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Editor: Emily B. Johnson
Associate Editor: Harriet King
Art Director: Diane King
Business Manager: Eleanor Turney
Policy Board: Irwin F. Bernstein, Chairman; Harriet King, Ralph Goldstein (Editor Emeritus), Howard Goodman, W.L. Osborn, Eleanor Turney

Send all contributions and correspondence to:
American Fencing
1250 Ellis #11
San Francisco, CA 94109

President: Irwin F. Bernstein
Secretary: Eleanor Turney, 601 Curtis St.,
Albany, CA 94706

Send all returns and changes of address to:
AFLA, 601 Curtis St., Albany, CA 94706

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CONTRIBUTORS PLEASE NOTE: Articles, results of competitions, letters to the Editor, photos and cartoons are cordially solicited. All manuscripts must be typewritten, double spaced, on one side of the paper only, with wide borders. Photos should be glossy finish and with a complete caption. Unsolicited manuscripts cannot be returned unless submitted with a stamped self-addressed envelope. No anonymous articles accepted.

DEADLINE FOR 1978-79 ISSUES

Issue Date	Closing Date For Copy	Mailing Date
JULY/AUG	JUNE 10	JULY 1
SEPT/OCT	AUG 10	OCT 1
NOV/DEC	OCT 1	DEC 1
JAN/FEB	DEC 1	FEB 1

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About the Cover

At the Under 20 World Championships at Notre Dame the picture on the front cover was every one to be seen — on the program walls. It expressed the feeling of the championships, in my opinion.

Editor's Notes

by Emily Johnson

Some impressions of the World Under 20s Fencing...It was like a kaleidoscope-the copper strips, the scoring lights, the lithe young fencers and their not so lithe or young coaches parading through the enormous arena in their bright, variegated plumage...Mike deCicco, ebullient and tireless, overseeing the endless detail necessary for the smooth running of a competition...yellow frisbees grazing the heads of the spectators...Larry Calhoun dispatching his ever cheerful young scorers and timers to the strips...Irwin Bernstein writing check after check...Mary Huddleson, the roving reporter, interviewing foreign officials...Chaba Pallaghy, frantically trying to remember in which language he had been speaking...the gentlemen of the F.I.E. gravely watching the finals from their special box like so many courteous, but uncounvinced jurors...the smooth, unlined faces of the sometimes awkward young fencers...the bald-headed coach with a dead cigar in his mouth in a gaudy warm-up suit who almost created an unfortunate international incident by obliviously moving directly in front of me as I was taking movies of the fencing...American directors standing around hoping to be chosen watching the European directors make the same kinds of mistakes that we all make...marvelous ice-cream...baloney sandwiches without mustard... the two gentlemen from Kuwait, watching, learning, talking to everyone...the impassive faces of the fencers from the Peoples Republic of China...the line of people waiting to buy Tee shirts...the sound of the many different tongues...Miguel deCapriles being stopped every few feet as he walked through the arena...trying to get from Chicago to South Bend (get your tickets early on United Air Lines!)...the disappointed faces of our team who tried their very best...the pleasure of seeing old friends from all over the country who had come to see the fencing...and, most of all, the thrill and delight experienced in watching the fast, skillful, exciting fencing.

The more I see of top level fencing the more convinced I am that our fencers would be capable of fighting for the gold medal if only they had been faced with lots and lots of tough competition right here in the United States. Our primary target should be a coach and fencers in every town and city in

the United States. Maybe we should consider financial assistance to coaches who are trying to get established. What do you think?

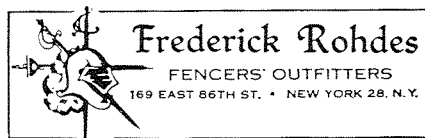
The magazine will probably be a few days late because we wanted to put all the junior fencing information in it. It is also bigger than usual. There was so much to put in that we decided to enlarge it for this issue rather than leave out important information. The next issue will also be a bit late since we will hold it up so that we can include all of the results of the Nationals.

I again remind everyone of our deadlines. They seem ridiculously long but we don't have a choice. I received several announcements of competitions early in April. The competitions were being held the end of May or early June. The March-April issue was already in the mail and the May-June issue is due to be mailed the last day in May. There is no point in publishing these announcements. We want to publish your announcements but we can't do it if we don't get them.

Fencers are always complaining about the cost of fencing. I mentioned this to a friend who skis and with a hollow laugh he told me that he had just spent One hundred and twenty-five dollars for a new pair of ski boots, on sale. Actually, fencing is one of the least expensive individuals sports as well as one of the best for staying trim and for the relief of the pressures of our lives. Go hit a friend, you'll feel better.

I am trying to get a special fund started for living expenses for young fencers at the Under 20s and the Under 19s. Details have to be worked out. In the next issue we will publish more about it and will start our campaign to put the bite on everyone. You can start warming up your checkbooks.

See you at the Nationals.



LETTERS TO THE EDITOR

Dear Editor:

The trend I have observed in recent years is a polarization of the League into three groups: the Olympic Squad, the Juniors and and everyone else. As a member of the third group, it is my feeling (and a widespread feeling, I think) that our group, the largest and most diverse, is paying the bills for the other two. You could run a fencing federation without either of the first groups but not without the third.

The AFLA elite is a cream without any skimmed milk, a head with a stunted body. There is a fundamental difference between our squad and its equivalent in the major European countries, to wit, the size and quality of the base. By the time a European fencer makes his training squad, he is literally one in a thousand because he is a survivor of as broad a base as an American NFL player is. We don't have that.

There are technical weaknesses in our fencers' game. We are slow and predictable and do not change directions as well. We execute fewer parries effectively.

Irwin (see the Sep-Oct issue, From the President) has hit on the two prongs of international fencing. Technique and intensity. Intensity is not synonymous with on-strip swaggering. We cannot make up for our lack of technique by mere determination, tunnel vision, rudeness and bad sportsmanship.

We must not forget that our sport is a game and that a game should be at its roots recreation for the bulk of its participants. By broadening our base to the point where we have a mass sport, we may well end up with the best of both worlds; a situation in which a mass base of fencers who fence for fun first (just as do most golfers, tennis players etc. do) can provide a distilling process to produce a world class elite. Not everyone has to be an international fencer - thousands of tennis players train hard and enjoy their sport without fretting unduly over their lack of opportunity to compete with Jimmy Connors.

Of course, the hard fact is that this process will take a generation. No one on the Squad want to be told this and no one in power wants to tell them.

The Maine Development program is exactly the type of thing the AFLA needs.

I should note that I feel it is important that we do not force a fencer to choose between

fencing and a normal life. The inteclass fencers I have met here (G have numbered more lawyers, executives and teachers than pure bums. At the moment we are still on track but we must be careful.

I'm fencing regularly at Taube sheim now....

Sinc
Capt. P:
Gerr

* * *

Gentlemen:

I enclose an article, which I hope find usable in American Fencing. In tried to tell the majority of the AFLA r where they stand on the fencing lax at the same time encourage them t climb higher.

I have long felt it too bad that the N carries so few articles of interest younger fencers. Competition rest interest only if you were in the cor yourself or personally know the fe volved. How to repair a foil tip a technical items are likewise of intere a few. Articles about rules change be short and to the point and then ; a box marked, "Attention all Con Directors and Fencing Masters importantly, the Magazine should s lishing grotesque pictures of fence tion. Most of the fencing pictures fo year have looked more like jumping or doing the split than fencing.

The above is not my separate c recently was one of fourteen at a pe us were fencers, except three w spouses of attending fencers. Of th fencers, seven were Olympians were former American Champic chief subject of conversation natu fencing. When the Magazine was m the conversation died. One comm typical; "If it were a subscription prc I'd let mine expire." This is strong c admit, but, I assure you, it is well i You have a duty to encourage, ins try to instruct the thousands of Te and Second Class Fencers on you list. They would love the Mag you did.

Yours v

Dernell

* * *

From the President



by Irwin Bernstein

In the arena of organized social relations, it is usually considered appropriate to take your turn at being the host instead of always being the guest. A similar concept exists in organized sports. The hosting of a major sports championship tournament is a large burden, requiring a strong commitment of time, energy, and funds, employed with skill and intelligence. In the long run, the successful conduct of sports depends as much on this area of endeavor as it does on advancements in training and coaching techniques and physical prowess.

The AFLA has made significant progress in recent years in cultivating organizing skills in fencing leaders around the country. As a result, we have enjoyed the opportunity to conduct our two major national championship tournaments in a variety of locales, thus sharing the burden as well as stimulating fencing in less developed regions. The continuation of this trend is important to the promotion of fencing within the United States and we will continue to support and encourage it with help from our Nationals Sites Committee and other knowledgeable organizers.

Hosting a major international event is quite different from the operation of the domestic ones which most of us are more familiar. Although we have held a 3 day international invitational event in New York City for about 20 years, along with smaller ones in some other areas, including the recently designated Helene Mayer in California, we have rarely undertaken one of the official world championships. In fact, in the past 25 years we have hosted only 3 - the World Championships in Philadelphia in 1958, and the Under 20 World Championships in Notre Dame University in 1971 and 1979.

At the closing dinner at the Notre Dame event in April of this year, Professor Michael De Cicco, Notre Dame Coach and Chairman of the Organizing Committee, received a plaque from the AFLA expressing our appreciation and commemorating his outstanding achievement in organizing the event. My personal feelings are best expressed by the quotation on the plaque "Nobody does it better". Through the ex-

traordinary efforts of Mike and the students and staff involved in the undertaking and the all-out support of the University Administration and the nearby communities of South Bend and Mishawaks, and the financial backing of the U.S. Olympic Committee, the United States and the AFLA were able to serve as proud and successful hosts in the best tradition of sports.

International fencing is a community of its own. Meeting with fencers and leaders from over 30 countries on our grounds strengthens our ties to the other fencing federations, enhances our influence in international matters, exposes many of our coaches and fencers to a variety of current international styles, and contributes to the country's overall status in the world. This multiplicity of values also affects the guidelines that are followed in the planning and conduct of the event. It is important for us to understand these concepts, not only in reviewing the 1979 Under 20 World Championships but, more importantly, in planning for future responsibilities. Whether or not we undertake any other events before then, we know we will be the hosts for the 1984 Olympics in Los Angeles (fencing venue in Long Beach) - and 5 years in not too early to begin advanced planning.

Ceremony and protocol are essential features in a world championship. Obtaining the correct flags and national anthems of each participating nation is as important as having enough reels and measuring devices. Conducting each social event and awards ceremony with the appropriate dignity and respect for tradition is fundamental; providing personalized hospitality and recognizing differences in needs and customs are special touches that add lustre to the event and to the future recollections of its participants. Providing adequate written information beforehand and distributing timely and accurate results are important measures of performance. The positive experience in the 1979 Under 20 World Championships will be of inestimable value to us in planning for future major events, and the 1984 Olympics in particular.

We need not, however, wait until 1984 to again demonstrate our ability to organize events in the appropriate manner. The same concepts, scaled to the requirements of each event, are valid at any competition. Consideration of competitor needs, respect for tradition, and thorough attention to all details are always in order. At the same time, dignified and cooperative attitudes among the competitors should also be a part of every event. Whether you are a competitor or organizer (and many of us perform in both roles) fencing events are only as good as we make them. Think about the tradition and spirit of our sport when you participate and be sure that your actions are consistent with its best interests; in the long run this will serve yours as well.

LETTERS TO THE EDITOR

Dear Editor,

The Cheyenne Fencing Club extends a cordial invitation to Fencing clubs in the Colorado/Wyoming area to form a league of Fencing clubs for the purpose of inter-club competing and the enhancement of fencing throughout the region. Interested representatives should write for further information to:

George T. Havrilak
2715 Evans Ave
Cheyenne, WY. 82001

Dear Editor:

One of the most expensive items in our sport is the lame. I want to convey a plea for mercy to you wonderful fellow technician who checks our equipment so we can fence.

When that "OHM" meter is out "ON" and test probes starts to scan, we hold our breath, poor lame old or new is at your mercy.

Dear Friend, when you find an open (term used when the meter needle does not move) Please: do not brush "El Marko" across or hit it with the outer circle of the bulls-eye. You see . . . that small open can be fixed, There is the liquid paint (very expensive, but it works), silver thread weaving or last but not least, patching.

Since you have rejected that lame . . . Do not bury it. Give it a few more entries in competitions. Use something that is easy to remove.

Thank you,
Joe Brodeth

SANTELLI SCHOLARSHIP ESTABLISHED



Maestro George Santelli (left)

A F A Director

Maitre Jean Jacques G

Jean-Jacques Gillet, Director of American Fencing Academy, Ithaca and 5 times Olympic Coach George Santelli have announced the establishment of a full tuition, 2 year scholarship and Academy's Fencing Master Diploma program, provided by Maestro Santelli.

"The 'Santelli Scholarship' is a great and is a gesture of characteristic for and generosity that has kept the Maestro the vanguard of American Fencing for two decades," comments Maitre Gillet.

The AFA, a non-profit educational organization, is the only school of its kind in the American Continent and has graduated seven Fencing Masters since its inception in 1972. Four of these seven Fencing Masters are currently members of the National Coaching Staff.

Persons interested in the scholarship must send their application to the American Fencing Academy for consideration of their qualifications before receiving final scholarship approval. Then a separate application must be made, which includes the submission of an essay on a specific topic in fencing.

For further information, interested persons may write:

Jean Jacques Gillet
American Fencing Academy
118 Fayette Street
Ithaca, N.Y. 14850

* * *

U.S. TEAM TO THE WORLD UNDER — 20 CHAMPIONSHIPS

At the AFLA National Under-20 Championships the members of the U.S. team to the World Under-20 Championships were selected on the basis of points earned at the National Under-19 Championships in June, 1978 and the National Under-20 Championships. The fencers selected are:

WOMEN'S FOIL

Jana Angelakis
Tracey Burton
Joy Ellingson
Lisa Vienna, alter.

MEN'S FOIL

John Canvin
Ed McNamara
Bradley Thomas
Richard Vidor, alt.

EPEE

Geza Kogler
Michael Storm
Jay Thomas
Larry Riggins, alt.

SABRE

Howard Cash
Paul Friedberg
Donald Lear
Phillip Daly, alt.

Bradley Thomas was selected for both foil and sabre. AFLA rules permit him to fence only one weapon. Mr. Thomas elected to fence foil at the World Under-20's.

The coaches for the U.S. team to the World Under-20's were selected at this tournament by the AFLA Olympic Fencing Committee. The coaches selected were: Yves Auriol, David Micahnik and Ed Richards. Chief of Mission for the team is Denise O'Connor and Manager is Bill Latzko.

The World Under-20 Championship will be held at Notre Dame University in Indiana. April 14th thru the 16th.



* * *

MOTHER NATURE STRIKES AGAIN!

Once again the AFLA has experienced the idiosyncracies of hosting a Nationals' tournament in a tennis court environment. This time the surface was well-protected but the temperature was not. Although we were all prepared for cool surroundings and we placed our pleas with Mother Nature for a "hold" on any serious snow we did not expect the coldest week-end of the season to fall on this momentous week-end. How cold was it? Well, how many of us can ever remember directors calling actions continuously for three days and nights wearing gloves, fur lined coats, hats and mufflers! The challenge of the bout committee became one of rotating officials thru Siberia in the northernmost portion of the building!

New England found itself breaking records, not only in temperature, but in num-

bers of fencers in all events. We thought Houston had attracted fencers due to decent climate, but fencers will go anywhere there is a challenge and came they did - 100 more than last year! And all fenced to their limits ignoring temperature and delays. We all thought 12 strips would do the job till we discovered we really need 14 to 16 strips, but since no one was anxious to try the mettle of the sabre fencers in the Harvard stadium, fencers, officials and bout committee struggled as best they could on 12 strips. Our deepest thanks to the Technical Committee headed by Steve Chalmers and ably assisted by Dave Dreyfuss of MIT, that breakdowns were kept to a minimum and delays were few - due to malfunctioning of strip equipment. To Eleanor Turney and Arnold Baber, the Division

depest gratitude in their support of the Technical committee - it was a tremendous relief to have their expert assistance. We would like to note that for the first time at a Nationals level tournament we tested all the masks with the punch test and though a number of fencers were disturbed at the failure of their mask we all felt easier on the over-all safety of a most vulnerable part of a fencer's equipment. Our concern was safety and not in causing anxiety attacks among the fencers.

To our most hospitable ladies - Marie Darna of hospitality and registration, Laurie Katz - housing and general support wherever needed, and Carolyn Cogswell - transportation - just try and get 100 to 200 fencers to the site on time with two vans (one of which balked continuously against the sub-zero temperatures). These ladies and their smiling support crew did a trojan job and kept fencers as happy as one can in spite of adverse factors. To Robert Klump - organizer, unfailing optimist and supplier of nourishment for hordes of people, the Division and the AFLA says thanks for taking on such an enormous job on such short notice. Bob, we will long lovingly remember your

herculean feats.

The Bout Committee would like to its gratitude to Betsy Vienna of New Colleen Olney of Oregon, Gerrie B. of Colorado and Pat Rossi of Maine less support at the heart of any I tournament. The key to the success an event depends on the expertise & severance of the workers at the Bout committee table. Without their help would be unforgiveable. And to the from all over our country and those New England Division who kept on and evening you did a fantastic job in ing and being on call thru-out the ment. It is a pleasure to run a tou with too many competent officials. N thy event - due to the expertise of cials, there was never a need to call Committee to hear a protest - all were resolved at the strip, the few occur.



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For Additional Information: Jean-Jacques Gillet
American Fencing Academy
118 Fayette Street

QUARTER-FINALS: 4 Qualify

Pool 1: 1) Ellingson, 5v; 2) Yelton, 3v, 3; 3) Leun, 3v, 2; 4) Bosco, 2v; 5) Monplaisir, 1v, -8; 6) Beim, 1v, -11.

Pool 2: 1) Angelakis, 4v; 2) Turkel, 3v, 8; 3) Metkus, 3v, 3; 4) Sheridan, 2v, -7; 5) Hamori, 2v, -10; 6) Marmora, 1v.

Pool 3: 1) Vienna, 4v, 12; 2) Valsamis, 4v, 7; 3) Clark, 3v; 4) Sonnenfeld, 2v, -1v, 5) Banville, 2v, -10; 6) Colquhoun, 0v.

Pool 4: 1) Noe, 4v, 9, 14tr; 2) Burton, 4v, 9, 15tr; 3) Kristo-Nagy, 3v; 4) Bengualid, 2v; 5) Fabian, 1v, -6; 6) Copeland, 1v, -6.

DIRECT ELIMINATION ROUND OF 16

Ellingson def. Bengualid, 8/2; Kristo-Nagy def. Noe, 8/2; Vienna def. Metkus, 8/6; Burton def. Bosco, 8/6; Valsamis def. Sheridan, 8/3; Sonnenfeld def. Clark, 8/2; Yelton def. Turkel 8/7; Angelakis def. Leun, 8/2.

ROUND OF 8 (Winners Promoted to Finals)

Ellingson def. Kristo-Nagy, 8/5; Burton def. Vienna, 8/2; Valsamis def. Sonnenfeld, 8/2; Angelakis def. Yelton, 8/2.

1st REPECHARGE ROUND OF 8 (Losers from Round of 16)

Noe def. Bengualid, 8/4 (15th); Bosco def. Metkus, 8/5(14th); Sheridan def. Clark, 8/3(16th); Leun def. Turkel, 8/7(13th).

2nd Repechage Round of 8 (Losers From Round of 8 vs. Winners from 1st Repechage Round)

Vienna def. Leun, 8/2(12th); Sonnenfeld def. Noe, 8/4(11th); Bosco def. Kristo-Nagy, 8/7; Yelton def. Sheridan, 8/7(10th)

REPECHARGE ROUND OF 4 (Winners to Finals)

Vienna def. Sonnenfeld, 8/5(8th); Yelton def. Bosco 8/5(7th.)

FINALS:

1st: Jana Angelakis, N.E., TCFC, 5v; 2nd: T. Burton, L.I., Brentwood HS, 4v; 3rd: J. Ellingson, Cent. Ca, San Jose SU, 3v; 4th: H. Valsamis, Met, NYFC, 2v; 5th: L. Vienna, NJ, Orsi, 1v; 6th: T. Yelton, Gulf Cst., Sebastiani, 0v.

UNDER-20 MEN'S FOIL: 93 FENCERS (& Entries)

PRELIMINARY ROUND #1: 3 Qualify

Pool 1: 1) E. McNamara, L.I., 5v; 2) G. Von Seggern, Cent. Fl, 4v; 3)

W. Roller, W. Pt & G. NG, Met, 2v, 1, 17 tr - f.o., Roller, 5/4; 5) W. Sickles, S. Jers., 2v, -2; 6) T. Slocum, La, 0v.

Pool 2: B. Thomas, Wa.DC, 4v; 2) S. Bachmann, H. Caro., 3v; 3) C. Balestracci, Ct, 1v, -7, 18 tr; 4) K. Dowling, W. Pa, 1v, -7, 19 tr; 5) J. Weikel, H-B, 1v, -8.

Pool 3: 1) P. Pavelko, Cent. Ca, 4v; 2) G. Infanzon, Phila, 3v; 3) R. Bhinder, H-B, 2v; 4) M. Segal, Mich, 1v; 5) E. Garner, N.J., 0v.

Pool 4: 1) J. Canvin, N.J., 5v; 2) J. Pallares, Gold C., 4v; 3) S. Trevor, N. Oh, 3v; 4) M. Seznec, W. NY, 2v; 5) J. Simmonds, Ga, 1v; 6) d. Adel, Westch, 0v.

Pool 5: 1) D. Valsamis, Met, 4v; 2) M. Meudt, Wa.DC, 2v, 3; 3) B. Graff, Westch, 2v, -2; 4) H. Lerner, N.E., 2v; -4; 5) D. Weeks, Tenn, 0v.

Pool 6: 1) S. Brozak, Ll., 5v; 2) G. Doyle, Kent, 4v; 3) P. Kreider, Maine, 2v, 3; 4) J. Thompson, Ind, 2v, -1; 5) D. Feinbloom, 1v, -9; 6) S. Ryan, W. Pt, 1v, -16.

Pool 7: 1) F. Pinto, NJ, 5v; 2) G. Garrett, Kans, 3v, 8; 3) D. Nichols, C. Ca, 3v, -2; 4) C. Karl, Colo, 2v, 5) B. Croitoru, St. Lou, 1v, -5; 6) C. Cousins, Okla, 1v, -8.

Pool 8: 1) N. Rosario, Met, 5v; 2) J. Zelkowski, Mich, 3v, 8; 3) M. Auricchio, Ll, 3v, 7; 4) C. Deri, Ind, 2v, -1; 5) B. Storm, Wa.DC, 2v, -3; 6) M. Pearcy, Gulf C., 0v.

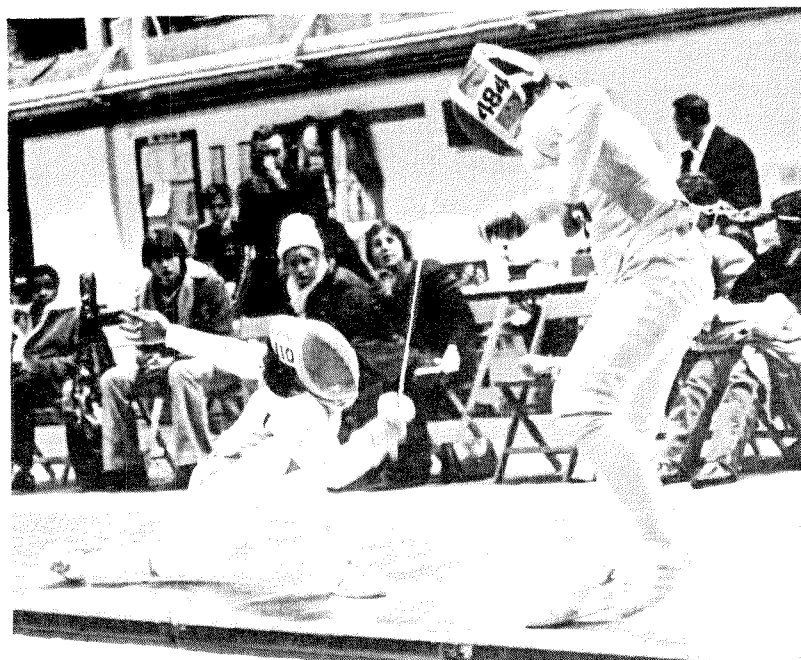
Pool 9: 1) J. Brown, N.E., 4v, 7; 2) J. Barnett, Ct, 4v, 1; 3) F. Fox, S. Ca, 3v; 4) K. Frazzini, Wisc, 2v, 0' 5) M. Lee, Met, 2v, -3; 6) M. Kravitz, Orge C, 0v.

Pool 10: 1) A. Manois, Ill, 5v; 2) M. Mscisz, N.E., 3v; 3) D. Look, N. Ca, 2v, 0; 4) W. Theus N. Oh, 2v, 4 tr -2; 5) S. Rutherford, Kent, 2v, -2, 22 tr; 6) P. Barnett, Ct, 1v.

Pool 11: 1) M. Llanes, NJ, 4v; 2) J. Freidaih, N.E., 3v, 8; 3) C. Rears, Lew-Clk, 3v, 4; 4) D. Lowry, Ct, 3v, 0; 5) T. Kerschke, Minn, 1v, -6; 6) E. Anderson, Ga, 1v, -11.

Pool 12: 1) P. Schmidt, N. Tex, 5v; 2) M. Glennon, Wisc, 4v; 3) W. Bialosky, N. Oh, 3v; 4) C. Hagen, Minn, 2v; 5) J. Bracker, N.E., 1v; 6) M. Van der Velden, Lew-Clk, 0v.

Pool 13: 1) D. Miller, Or, 5v; 2) T. Lanford, Ind, 3v, 3; 3) K. Dunham, Colo, 3v, 0; 4) M. Pliowaczczyk, Ill, 2v; 5) T. Lieu, Met, 1v, -5; 6) M. Dority, Maine, 1v, -13.



U-20 Women's final J. Angelakis on way to winning crown

Taken by i

Pool 14: 1) R. Curn, Gulf C., 5v; 2) R. Vidor N. Ca., 3v; 7; 3) G. Rittenhouse fLL 3v, 2; 4) M. Valerio, Ind, 2v, 5) R. Bedi, Met, 1v-66) E. deBeus, N.E. 1v-13.

Pool 15: 1) J. Wolfson, Phila, 5v; 2) O. Estell, N. Tex, 3v, 3; 3) A. Sachs, N.E., 3v, 0; 4) A. de Beus, Ct, 2v, 0; 5) E. Uribe, Gulf C., 2v, -3; 6) R. Whitman, Minn, 0.

Pool 16: 1) B. Reed, Gulf C., 5v; 2) W. Kubik, Colo, 3v, 6; 3) A. Miller, Or, 3v, 1; 4) S. Kaufer, S. Ca, 2v; 5) M. Weeks, NJ, 1v, -5; 6) W. Wheeler, N. Oh, 1v, -13.

PRELIMINARY ROUND #2: 3 Qualify

Pool 1: 1) E. McNamara, 5v; 2) G. Doyle, 3v, 2; 3) C. Balestracci, 3v, -2; 4) J. Brown, 2v; 5) O. Estell, 1v, -4; 6) G. Rittenhouse, 1v, -10.

Pool 2: 1) M. Glennon, 5v; 2) J. Canvin, 4v; 3) W. Roller, 3v; 4) M. Mscisz, N.E., 1v, -5; 5) W. Bialosky, 1v, -7; 6) J. Pallares, 1v, -9.

Pool 3: 1) B. Thomas, 4v; 2) P. Pavelko, 3v, 6; 3) T. Lanford, 3v, 3; 4) M. Llanes, 3v, 2; 5) A. Miller, 2v, 6) Kreider, 0v.

Pool 4: 1) G. Von Seggern, 4v, 10; 2) D. Miller, 4v, 9; 3) B. Reed, 3v; 4) R. Bhinder, 2v; 5) K. Dunham, 1v, -9; 6) C. Rears, 1v, -11.

Pool 5: 1) D. Valsamis, 4v, 9; 2) R. Curn, 4v, 7; 3) W. Kubik, 3v, 9; 4) J. Barnett, 3v, -2; 5) B. Graff, 1v; 6) S. Trevor, 0v.

Pool 6: 1) R. Vidor, 4v; 2) S. Brozak, 3v, 2; 3) J. Zelkowski, 3v, -2; 4) D. Look, 2v, -1; 5) M. Meudt, 2v, -4; 6) A. Manois, 1v.

Pool 7: 1) P. Schmidt, 4v, 9; 2) M. Auricchio, 4v, 8; 3) N. Rosario, 3v, 10; 4) S. Bachmann, 3v, -2; 5) Sachs, 1v; 6) G. Garrett, 0v.

Pool 8: 1) F. Pinto, 5v; 2) G. Infanzon, 3v, 6; 3) J. Wolfson, 3v, 0; 4) J. Freidaih, 2v; 5) F. Fox, 1v, -5; 6) D. Nichols, 1v, -13.

QUARTER-FINALS: 4 Qualify

Pool 1: 1) McNamara, 5v; 2) J. Zelkowski, 4v; 3) Valsamis, 2v, -3; 4) Infanzon, 2v, -5; 5) Lanford, 2v, -6; 6) Miller, 0v.

Pool 2: 1) Pinto, 5v; 2) Schmidt, 3v; 3) Auricchio, 2v, -1; 4) Roller, 2v, -4; 5) Doyle, 2v, -7; 6) Pavelko, 1v.

Pool 3: 1) Thomas, 5v; 2) Kubik, 3v, 6; 3) Glennon, 3v, 4; 4) Balestracci, 3v, 1; 5) Brozak, 1v; 6) Von Seggern, 0v.

Pool 4: 1) Vidor, 5v; 2) Canvin, 4v; 3) Rosario, 3v; 4) Curn, 2v; 5) Wolfson, 1v; 6) Reed, 0v.

DIRECT ELIMINATION ROUND OF 16

McNamara def. Roller, 10/4; Zelkowski def. Kubik, def. Valsamis, 10/7; Thomas def. Curn, 10/6; Vidor def. 10/4; Glennon def. Auricchio, 10/9; Schmidt def. R. Pinto def. Infanzon, 10/7.

ROUND OF 8 (Winners Promoted to Finals)

McNamara def. Zelkowski, 10/7; Thomas def. Canvin def. Glennon, 10/7; Pinto def. Schmidt, 10/7.

1st REPECHARGE ROUND OF 8 (Losers from Rc Kubik def. Roller, 10/3 (Roller - 16th); Curn def. Va (Valsamis - 13th); Auricchio def. Balestracci, 10/5 (15th); Infanzon def. Rosario, 10/9 (Rosario - 14th).

2nd REPECHARGE ROUND OF 8 (Losers from Rcners from 1st Repechage of 8)

Canvin def. Infanzon, 10/6(12th); Auricchio def. Zell (10th); Kubik def. Schmidt, 10/7(9th); Curn def. G 9(11th).

REPECHARGE ROUND OF 4 (Winners to Finals)

Canvin def. Auricchio, 10/3(8th); Kubik def. Curn, 1C

FINALS

1st: Fence-Off, Bradley Thomas, Wa.DC. Un.Iv McNamara, Ll, NYU, 5/3; 3rd: R. Vidor, N. Calif, MFA, ; Canvin, NJ, Rutgers, 2v, -7; 5th: F. Pinto, NJ, Rutgers, 2

Kubik, Colo, Air For. Aca., 1v.



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J.O.'s: AN OBSERVATION

Two years ago at the J.O.'s I felt as if I was fencing in a psychedelic poster. Last year in Houston, it was refreshing to know that I was fencing with half the carpet stuck to my socks. This year in Boston, I enjoyed the knowledge that there were sub-zero temperatures outside, as well as inside, and that I was fencing inside a giant barrel.

The opening ceremonies were spectacular, with inspiring speeches by Richard Nixon and Clifford Irving. The crowning glory of the ceremony was when the Boston Pops played "Take Me Out to the Ball Game," and Anita Bryant sang "The Star-Spangled Banner."

The schedule ran smoothly, even if the U-16 Men's Foil did start an hour and a half late, and the second round didn't start till four hours later. But truthfully, the schedule of events was well planned, so that it was unlikely that a person would fence in two different events in one day. Thank you, Organizing Committee. I still wonder, who's the guy who planned the U-16 Men's Foil directly after the U-16 Epee last year.

Surprisingly, the food service was well organized, even though one could order an onion sandwich, thus making one's breath more enticing. I'm sure all the fencers enjoyed the bountiful selection of gum offered for purchasing. I know I always enjoy chomping away in my mask when I fence. The wide variety of differently colored J.O. shirts was appreciated. The earthy brown-colored shirts were sold out before the competition even began. The remaining neon blue, neon yellow, and neon pink shirts remained for purchase by the exhibitionists present.

The technical staff was well equipped to test and repair all equipment with the most modern techniques. But I wonder, either three-fourths of all AFLA members do not know of the FIE punch test, or why 75% of all masks checked, were disallowed.

The awards were ornate. They ranged from a \$50 replica of a 16th century rapier, to a 75¢ letter opener from Pic-And-Save.

Transportation from fencing site to Ramada Inn and Copley Plaza Hotel was spasmodic. Over the P.A. system fencers heard that the van was leaving in fifteen minutes; when one went outside in ten minutes it was gone. Either that or it left thirty minutes late.

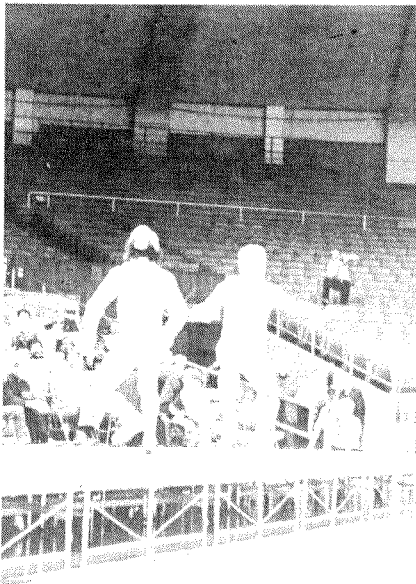
Speaking of accommodations, they were very nice. There were no early morning service problems. But when I and ten other fencers found out that the elevator froze between second and third floors, we all heave-ho'd and laboriously carried our bags up three flights of stairs.

The Board Meeting is a topic better left untouched, so on to the last two paragraphs.

The 1979 Junior Olympic Fencing Championships were a success! Many thanks to the New England Division. I am sure everyone present left Boston with a sense of accomplishment and satisfaction. It was a truly enjoyable event for both winners and losers alike. I can't wait until next year's championships. Which brings me to the last in a series of two closing paragraphs.

Next year the J.O.'s are to be held in Portland, Oregon. I look forward to being saturated by the ever-present seasonal rains. The 1981 J.O.'s are to be held in either Cleveland, Ohio or Tampa, Florida. I desperately hope the Board of Directors considers this fact when it makes its decision.

Until next year, "Good fencin' to y'all!"



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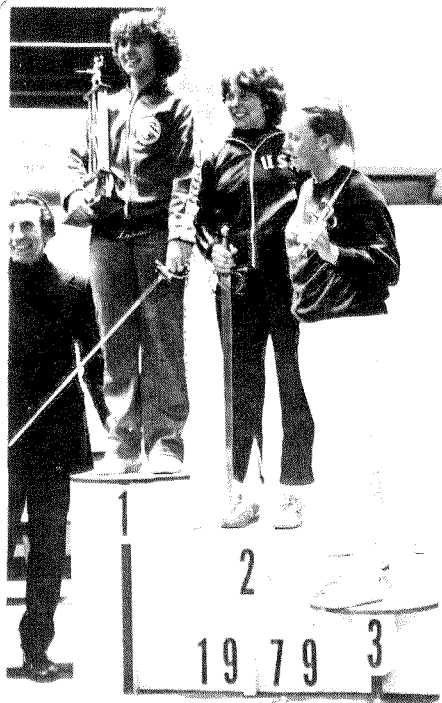
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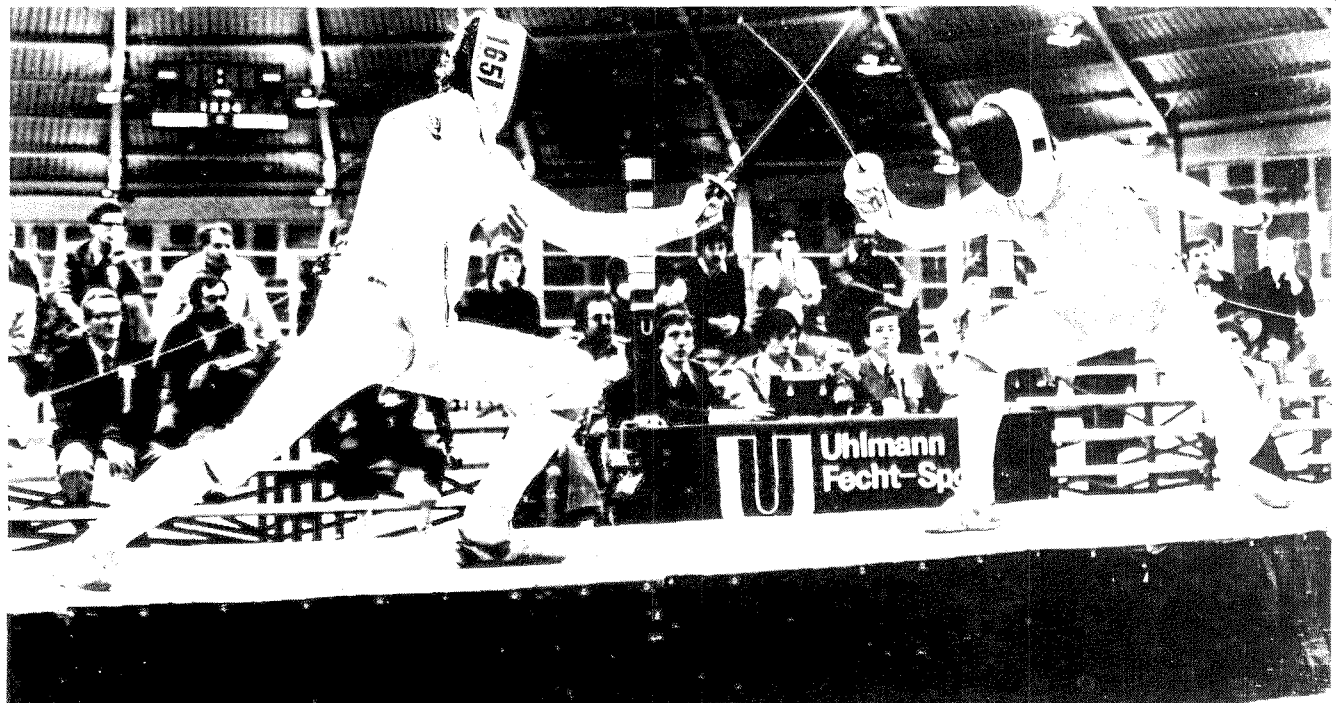
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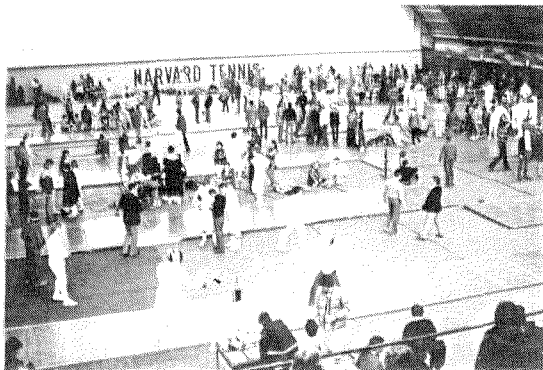
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Under 20 World Championship

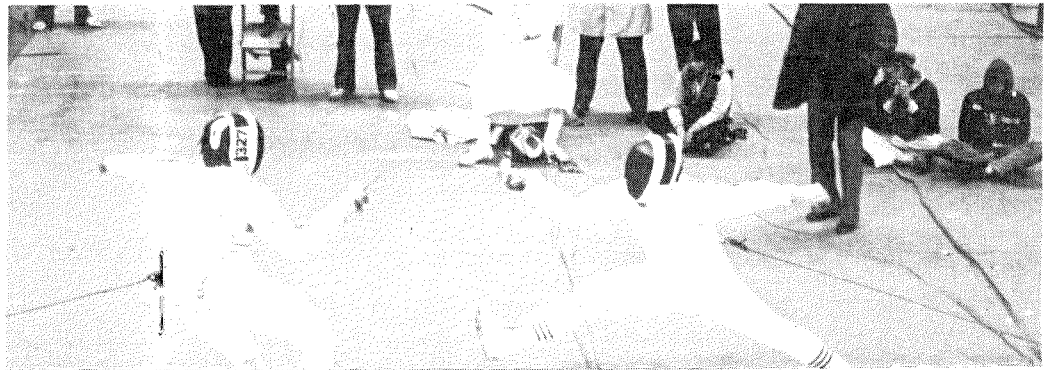


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Under-20 Men's Foil Finals

INTERVIEWS

at the Jr. World Championships

While at the Junior World Championships at Notre Dame in mid-April we had brief interviews with some well known international fencing persons, who graciously took a few minutes from their busy schedules to answer questions. The interviews were conducted in French, in English, via interpreters, and sometimes by a mixture of all three methods.

M. PIERRE FERRI was president of the Federation International d'Escrime (FIE) from 1956 to 1960, at which time our Miguel De Capriles was elected to office. In 1964, with a change in rules about succeeding oneself in office, M. Ferri again assumed the presidency and has held it until now. He has announced that he is no longer a candidate for the office in the next elections by the FIE Congress which will take place in June, 1980. It is expected that M. Gian Carlo Brusati, a present vice-president from Italy, will succeed him.

When M. Ferri came on the scene in the FIE, fencing meets seemed to last forever. The finals of international competitions consisted of pools of eight and frequently would not finish before 3 AM. M. Ferri has always been strongly in favor of arousing public interest in fencing and he realized that such nocturnal activities would never attract an audience. He has succeeded in limiting the bout time to 6 minutes and the number of finalists to a maximum of six, while maintaining a fair chance for each fencer to attain a ranking commensurate with his abilities. Under present FIE rules it is quite possible to hold a tournament with an eight person direct elimination final, where (like a tennis ladder) once defeated, the fencer is out, while the winner continues to fence the winners of comparable brackets until there are only two undefeated contestants who fence for the championships (third and fourth place are also fenced off).

M. Ferri is pleased to see a greater number of countries participate in the FIE. When he first took office twenty years ago there were 36 member countries of the FIE; now there are 76, with India and Kuwait among the latest additions.

by **Mary Huddleston**

M. Ferri said that the electric sabre will surely be sanctioned in a few years. It is technically almost ready now, but it will take some time before it is approved by the FIE. This will not happen before the 1980 Olympics in Moscow, but almost certainly will be in effect by 1984 in Los Angeles.

M. GUIDO MALACARNE from Italy is one of nine members of the FIE Commission d'Arbitrage (Directors' Commission). He was designated the official delegate from the Commission to come to Notre Dame for the World U20 Championships this year. Since the Tokyo Olympics, he has observed American fencing at various intervals: at a New York International Tournament, as our teams have toured in Europe, and this time at the Jr. World Championships.

M. Malacarne is of the impression that Americans seem to lack a sense of phrase or, as he put it, "a conversation of the blades," where one blade puts the question, to which there is a response and a counter response and so on. We Americans (along with many others, he diplomatically added) tend to execute one attack, one parry-riposte, and then close in for a series of jabs. We need to develop a sense of rhythm or tempo along with the ability to maintain the proper distance and balance. This only comes through constant practice and concentration on technique.

"To tour a country only long enough to attend a tournament and then go home is really not enough," he says. The team should stay in the host country and train with its fencers for at least a week. Germany, for example, has organized a 7-Nation competition in each weapon to which are invited the seven top seeded countries according to the latest World Championships. These international teams not only compete, but train together for a week. M. Malacarne thinks this type of international training is of great value.

None of M. Malacarne's remarks are intended to infer that the U.S. is incapable of producing now some top fencers. He cited Peter Westbrook as a current American who practices modern sabre methods with the

world. In general, we have excellent physical material.

Like us, European countries are constantly striving to keep up with modern methods and interpretations. When one country has a top fencer, he seems to serve as a nucleus and to gather other talented fencers around him. He thus forms an entourage and helps to raise the level of fencing in his country.

M. Malacarne's advice to young fencers is to seek a master who can teach them from the beginning the correct habits. It should be a holistic approach: physical, mental, psychological. The student should learn complete control of the weapon and how to handle it easily. He should learn how properly to execute preparations on the blade and worry about combat experience later. He should progress according to his own capacity. He should begin to learn fencing at the age of 11 or 12 and should take at least four lessons a week, each of about 20 minutes duration. A student of this age should not be thrown into fierce combat where all he does is to try to beat the other fellow. He should gradually be exposed to competition with his peers so that, through experience, he can apply the correct technique he has already learned.

For those who want to be good directors,

M. Malacarne has a few cogent rule low: 1) **Watch the bell guards** (les les). Their movement gives the best tion of right-of-way. 2) Watch to see attack, once originated, is **correct cuted**. 3) Follow the **development phrase**. 4) If the director does al above and **prevent corps-a-corps** immediate warning when necessary, have the confidence of the fencers a trol of their behavior.

A good director sees the action w/ priority. M. Malacarne firmly states foil, the attack (which, as we all know is the forward motion of the blade v point continuously threatening the has priority over any attempted stop; even though the forward action ma started from well out of lunging dist

A beat-parry, which deflects the even momentarily, is sufficient to e: the right-of-way of the riposte over mise. Directors should be particula to this with the use of the parry of se

M. Malacarne commented that th tions we asked him about directin those most frequently asked at clinics conducted in various countries. He s they have the same problems in A and in Spain.

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INTERVIEWS

GALINA GOROKHOVA was a medalist four times on U.S.S.R Olympic teams (three gold and one silver) during the 1960s. In 1972, she also won the Olympic bronze medal in individual foil. She now works in administration at the National Sports Institute in Moscow. She is an internationally rated director and frequently serves in international events as Chef de Delegation or as President de Jury (director).

At our interview, Ms. Gorokhova said she was not particularly aware of high level American women international fencers since the time of Maxine Mitchell and Jan Romary. She felt that we need more depth in numbers of fencers in order to produce consistently top quality international competitors.

In the U.S.S.R., women compete only in foil. In the early 1960s they started to compete in epee and sabre, but the activity was soon dropped. There seemed to be no future to it on the international level and it was not worth it.

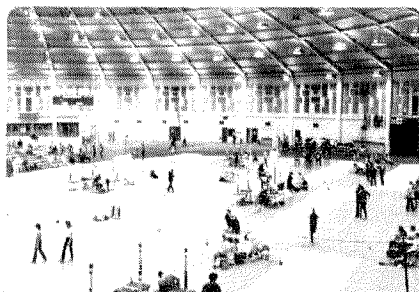
Ms. Gorokhova was of the opinion that the general level of fencing at this Junior competition was good. She thinks our young American women do quite well. What they need is an opportunity to compete in a greater number of competitions in which there are many contestants. The U.S.S.R. has thousands of youngsters all over the county competing in contests of various age groups.

Fencing in the U.S.S.R. is offered in the large sports clubs (Dynamo, Spartacus, etc.) along with soccer, swimming, basketball, and other sports. Ms. Gorokhova maintained that fencing is a minor sport in her country and that, like us, they must compete with other more popular sports to attract promising youngsters to take it up.

Fencing is not taught in the school system, but after hours in the sports clubs. Instruction is free. There are many meets and, within each age group through the U20, there is a complete hierarchy of progression from local club to city to district to state to all-union to national championships.

Mr. MAX GEUTER was with the West German team at Norte Dame, where he served as one of his country's Presidents du Jury. He has spent some time in the United States and, in 1966 he won our National Foil Championship.

He explained that there are now three na-



1979 Notre Dame Jr. World Championships



The Bout Committee Under-20

tional training centers in Germany. The first one to be established, in the early 1960s, was at **Bonn**. At this "fecht-internat" (dormitory school), young men and women, aged 14 to about 19 years, are gathered from the remote countryside to train in fencing and to go to school. Bonn is geared to attract those who have no good chance to develop their abilities at home. They have daily fencing lessons both before and after their regular school. They work out with local fencing clubs and go to competitions together. Around 40 in number, some one-third of them are girls, who even have a special lady assigned to them to teach them proper manners and etiquette. The youngsters' parents pay 300 marks a month in partial support of the school, to which a national German Sports Fund also contributes. When they finish school, the fencers leave the dormitory but may continue to train at the center.

There are two fencing masters at Bonn, one of them part-time. The school uses an old gymnasium for fencing activities. The city, state and federal Ministry of the Interior are presently funding the construction of a new gym large enough to hold 12 strips. It will be finished in about a year.

In another part of Germany, the center in the small town of **Tauberbischofsheim** was

developed a little later. The now-famous Mr. Beck, a self-taught fencing master, was the motivating force to build a strong fencing club there. There are no dormitory facilities for the local people, but the gym is available to all from about 2 PM to throughout the evening. The Tauberbischofsheim people are completely dedicated to the pursuit of the sport of fencing; there are no other activities around to distract them. There is a special training camp dormitory for out-of-towners with a capacity of about 40.

Tauberbischofsheim is noted for its tough training schedule and is heavily attended. Everyone has to give lessons to others who are below them in skill. There are three full-time and one half-time National Coaches there. The center is generally considered strong in epee, while Bonn is strong in sabre.

In the northern part of the country, where there originally was very little fencing, a fencing center was established about three years ago in **Hannover**. A National Coach was brought in from Tauberbischofsheim to start school aged children in fencing. He now has a few assistants and his program comprises about 500 youngsters a week who come to the center for free lessons.

In support of the "E Leistungszentrum" (loosely transk "ederation of Achievement Center ram, the Interior Ministry gives to man Sports Council, which contrac services of the National Fencing C They receive a monthly salary; w have a "success," they receive e There are five National Coaches many, who are recommended Deutscher Fechter Bund (DFB, sc equivalent to our AFLA) to the Spor cil.

The Seven Nation Competitions : four weapons at different times anc The top six foreign teams from the le Championships are invited to co week in advance to attend scheduled competition along with man "A" and "B" teams. They then gether for a week and afterwards h Seven Nation meet. Bonn is for foil; bischofsheim is for epee; Hann sagre; women's foil is in Frankfurt.



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TECHNICAL TALKS



by Joe Byrnes

A few more miscellaneous observations, gleaned at the last World Championships, from an armorer's point of view, might not come amiss. After all, what one learns at the big international events ought to filter down somehow.

It was no surprise to see at Hamburg that many fencers, from various countries, come well prepared, and many come poorly prepared; some others must just play it by ear, as the saying goes: they just show up with what's in the old fencing bag and hand it in over the counter. They hope it will pass inspection, and they think they're prepared to fix it if it doesn't. At least they try to fix it. I noted the captain of one most respectable outfit, moaning aloud to the effect that it couldn't be true: the inspectors had just handed him back seven epees, all flunked for the second time. Then there are the people who don't know the rules and don't speak a language the inspectors can manage. I noted one fencer (nationality deleted) abusively (at least it sure sounded like it—very exotic, too) complaining to a polite German technician about the rejection of his outrageously improper epee guard. People who dump junk on the inspection table or unpleasantly argue their hopelessly losing cases earn no respect and only make it harder for themselves and their teammates. It became obvious that the system we used on the US team, of trying to pre-check everything that we could, even though not 100% infallible, still smoothed the ways a great deal and even created some good will.

Conclusion: I've said it before in these columns, and perhaps you are sick of hearing it, but when you go to a competition—any competition, especially the ones far from home base—you should either check out what you bring for yourself—if you know how, or have it done for you. To show up with equipment that won't work, and that can't be fixed, or can't easily be fixed, is merely asking for trouble. Your opponents are already only too ready to give you plenty on that. You have only limited control over the opponents, but your own equipment is something that you can certainly keep in line

Some notes on problems that seem to recur, especially for people with access to European equipment that was not intended for the American market. European blades mostly have thicker tangs and, if threaded, will be threaded for metric nuts or pommels. If you buy European blades ready-threaded, get the pommels or pommel nuts that go with them at the same time. If you buy the blades unthreaded, you will either have to thread them yourself (or have it done) in the metric size for which they are intended (M-6), or have the tang ground down enough to accommodate the usual American thread (12-24 National Coarse). It is usually possible to grind down even a threaded European tang and then rethread—usually, I say—but be careful: mess up and there goes the blade. It is always a bit of wonder to see experienced internationalists come up, waving a weapon onto which "this pommel (or nut) just doesn't go right." They will be trying to force a smaller US nut onto a metric tang, or a loosely fitting metric nut onto an American tang. And they don't know why they're having trouble.

They same kind of advice is appropriate to the other end of the blade, especially foil. The particular point and pressure spring, and especially point screw, can be of crucial importance if you break or lose one and don't have the proper substitute on hand.

Epee point screws seem pretty much standard, ditto epee contact and pressure springs. It is not quite the same for epee points (or point tops, as some call them). It is also definitely not the same for all parts of the European epee point with a small set screw in the flat of the point: with that one, all bets are off, everything different.

Foil points vary widely, ditto their pressure springs, and even more so their point screws. Try to get spares at the time you invest in the wired blades. If you can't, carefully save the point ends of any broken blades for salvage. There's nothing sadder for a fencer than the orphan foil, useless for the want of a dinky little part.

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down such a tang and thread it will require a hack saw (definitely), a heavy-duty electrical grinding wheel (almost certainly), and the appropriate heavy-duty thread-cutting die. Since the lower tang on some of these blades is often of brutally tough steel, it can be a major operation, not to be tossed off in a moment, and not at all where there's no big grinding wheel available. An even worse fate for the fencer is the realization that the tangs on the new blades you've invested in are too short to fit into the handles you prefer. All you can do then, is change your preference in handles or sell or exchange the blades. In the same area are the problem tangs that are long enough but too thick or not properly curved to slide onto your favorite handle. Need a quick replacement for a broken blade? Hand one of these unchecked new blades along with your old wreck to the best armorer around and it is going to take a long time to grind (or file) down some tough metal and bend it to fit. If you are putting on the handle on yourself, be sure not to force it too hard, otherwise, goodbye handle when it comes time to get the broken blade out.

Want a little laugh? All right, only a snicker. Some time ago, an extremely cautious American fencer with technical interests very seriously asked me if I wasn't afraid that

that we Americans, or many of us, a on foil body wires wouldn't be rejected of-hand in Europe because they are presumably to US measurements, thus not metric. I told him it didn't problem, as they appeared to minimum dimensions called for easily in Hamburg the two big fencing suppliers Uhlmann and All Star both had big counters selling all sorts of supplies, including clips. Both were selling the same "Mueller Elec. Co. / Cleveland, O. / U.S.A. / No. 27."

NEW CLUB AT BRAZOSPORT COLLEGE, (TX)

The first Brazosport College Fencing Tournament for beginners is held on Saturday, March 24th, 1971.

Founded by a group of enthusiastic students led by David Feaganes, Jim Montes and Paul Cooper, the Brazosport College Fencing Club invite novice fencers in the area to their competition. Many fencers from Houston responded favorably in helping launch a new fencing center in Gulf Coast Division. Following competition a delicious barbeque offered by Chef Feaganes.

COMMON FENCING INJURIES

By Melody E. Toth; Certified Athletic Trainer, B.S., M.S., Indiana University; Trainer, Salle D'Asaro, San Jose; Head Trainer, Women's Athletics, University of Hawaii. *con't from last issue*

VIII. SHIN SPLINTS

All athletes including fencers, will probably experience shin splints at some time during their career. It could be most painful condition which can impede walking or it could nothing more than an annoying ache along the shin area. Shin splints are characterized by severe pain and irritation on the front side of the leg. What causes the irritation seems to be the mystery. Various explanations include faulty posture alignment, falling arches, muscle fatigue, overuse, stress, body chemical imbalance or lack of proper reciprocal muscle coordination between the anterior or posterior aspects of the leg. One, two, all, or none of these may be the cause of shin splints. Two definite factors have been found to add to the development of this condition. They are running on a hard surface, and the constant hard driving of the foot to the floor, as in the lunge. There is no real treatment other than rest. There are a variety of treatments used by trainers and physicians that include the use of heat, ice or both. The treatment that I have found to be the most effective for fencers as well as other athletes follows:

RX: Rest 3-5 days, taking aspirin to decrease inflammation. Complete rest, no activity. Upon returning to practice one of two methods of cold therapy is applied.

1. ice massage
2. cold whirlpool—20 minutes at 55°. This is the best method as it has an anesthetic affect for approximately 2-3 hours which enables the athlete to "make it through" practice. Seven out of ten cases of shin splints in women appear to be caused by bad arches. So, first tape the arch for support. If this fails tape the shin area going around the leg pulling the muscle to the bone in the direction that the muscle lies, i.e. tape from the outside of the leg to the inside.

Be sure not to bind the calf muscle too tightly.

- EX:**
1. The best exercise is to walk slightly pigeoned toed, as this take the stress off the tibialis posterior muscle and gives it a chance to relax.
 2. Toe rises with the feet parallel, turned in, and turned out, ten each way will help to strengthen the muscles involved.

RT: Usually a chronic condition until enough rest is given to reduce the irritation.

IX. MUSCLE CRAMPS, LEGS

Muscle cramps can happen at any time and are usually caused by one of two factors, 1) insufficient warm-up and 2) a chemical imbalance of salt and potassium in the body. If training in a hot and humid climate, the chemical imbalance is most likely the reason. Salt tablets are not needed if you salt food on a regular basis and eat bananas now and then for their potassium content. If salt tablets are desired, sugar coated ones are preferred along with taking them in conjunction with meals.

RX: Apply pressure to the cramping muscle, squeeze it until the cramp has stopped. Apply mild heat and stretch the area. The most common area of cramping is the calf muscle.

- EX:**
1. Stand on a step and lower heels as far as possible, this will stretch the calf muscle and achilles tendon.
 2. Arms length from wall, feet together, heels flat on the floor touch chin to wall keeping back straight.
 3. Stant on a slant board if one is available trying to get the heel down against the board.

RT: 1-2 days till tightness is gone.

UPPER EXTREMITY INJURIES are not as common to the fencer as lower extremity injuries. Measures however, must be taken to strengthen the shoulder, wrist, and fingers, as these three are

responsible for positive blade action. Weakness in these areas can lead to injuries which may not be sufficiently disabling to prevent the fencer from competing, but make a significant difference in performance.

X. FIRST FINGER ABRASION

Controlling the blade with the fingers is bound to cause some irritation on the knuckle of the first finger. The best protection is to use an "H" knuckle coverlet bandage over the joint and place a thin layer of foam over the finger and secure it in place with tape between the joints so as not to constrict movement. If the skin is broken use an antibiotic ointment on the "H" bandage to keep infection down. Clean thoroughly after practice.

XI. WRIST FATIGUE

Sprains of the wrist joint are not common among fencers but strains or wrist fatigue can bother the athlete.

RX: The best treatment for fatigue is to strengthen the wrist joint and tape it for support.

EX: Take a wet towel and wring it out 6X changing hand position every other time. Attach a weight by a three feet long string to a rod, hold the rod chest high and roll the weight till it reaches the rod, hold the rod chest high and roll the weight till it reaches the rod, then lower it slowly, add more weight as it becomes easier

RT: Whenever it feels strong.

XII. TENDONITIS OR BURSITIS OF THE SHOULDER

The shoulder complex plays an important role in the sport of fencing. It is responsible for the power needed during the thrust movement and is the key element in keeping the elbow stabilized in the en garde position during advance and retreat.

When engaged in long bouts or practice sessions shoulder strength will add greatly to the fencers performance. Fatigue of this area can lead to two chronic injuries: Bursitis and bicipital tendonitis. Both can be caused by overuse. Bursitis is an irritation of the bursa surrounding the joint, and tendonitis is an irritation of the biceps tendon. This condition usually

comes on gradually. Point tender is located on the anterior side of the shoulder joint. Inability to hold in an extended position is apparent.

RX: Rest and aspirin, heat pending the time of rest. When going to practice, ice or combined with ultrasound would be the best method. A doctor should be seen if conditions persist.

EX: The exercises used for retention are also used to stretch the joint complex and should be included in the warm up.

Arm circles - 20 forward, palm up; 20 backward, palm down; 20 forward, palm down; 20 backward, palm up; hold 30 seconds

With a weight, (i.e. can of soup) bend at waist to X's and O's. 1 minute



Hang 10 seconds 3 times



Overhead towel stretch, Keep elbows straight. Bring towel from hips in front to hips on back side. 15 times.



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RT: Can be a chronic condition. One to Three weeks with rest and therapy.

XIII. BROKEN BLADE INJURIES

Blades have been known to break during the attack, or for that matter at any time. Injury does not usually occur, however, if it does, stay calm. If the blade cuts the arm or leg, stop the bleeding by applying pressure with a clean dressing, if stitches are required see a doctor at once. If the blade should and go up the bib and pierce the opponents neck, cover the hole and transport to a physician immediately either by car or ambulance, depending upon the injured persons condition.

Be prepared to treat for shock for this injury as well as any other that may be encountered. Some people have a low tolerance for pain and even the slightest injury could cause the person to go into shock.

WHAT TO DO IF YOU OR ANOTHER FENCER IS INJURED

1. Stay calm
2. In an extremely painful injury, try to regulate breathing and gain control of the situation, so you can tell someone what has happened and exactly where it hurts
3. Apply I.C.E.—ice, compression and elevation
4. See a doctor if unsure
5. Treat all severe sprain injuries as possible broken bones and carefully transport the injured person to a physician
6. Give the injury enough time to heal. Rushing back to work out can turn a simple injury into one that will be bothersome throughout the fencing career
7. Be prepared to treat for shock

Signs and Symptoms.

- Skin cool, moist, clammy
- Pupils — unequal size
- Skin color — white and pale
- Pulse rapid and weak
- Breathing — shallow, weak
- Breathing — shallow and rapid

Treatment—Keep body warm, at normal body temperature Elevate feet higher than head, except for head injury Get to a doctor as soon as possible

A PROPOSITION TO POPULARIZE THE NOBLE SPORT OF FENCING

It seems to me that we fencers ought to receive more recognition. Here, then, is a proposition to increase the popularity of fencing by making it a true national sport.

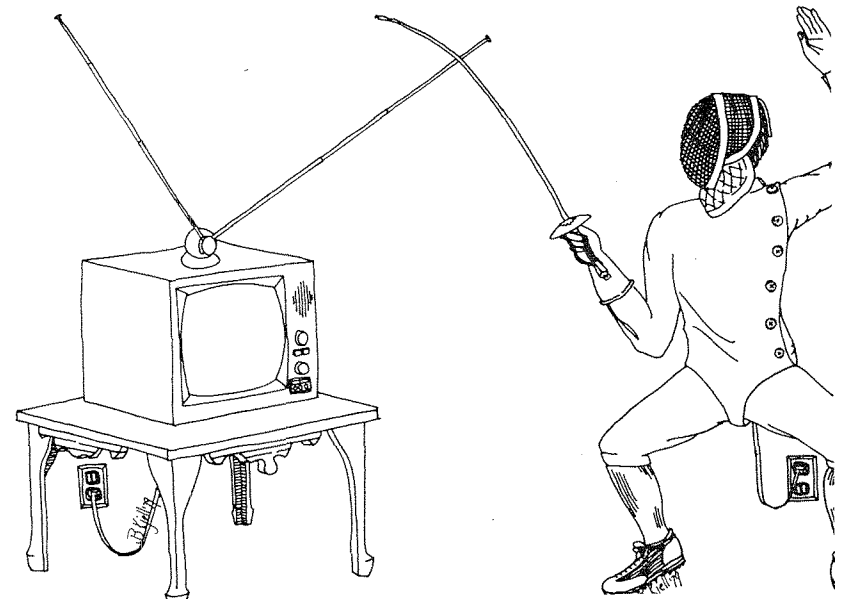
First, we must have cheerleaders. It would be a mistake, however, to make our cheerleaders like those of the Dallas Cowboys. No, unlike the Cowboys' cheerleaders, ours must make the fans enthusiastic through their **cheers** (rather than whatever is used in Dallas). Here are few suggestions: 1) "I scream, you scream, we all scream for **fencing!**" 2) "Your defense is preposterous; try using more **riposterous**." 3) "Better the running attack — a point is what you seek! The spirit may be willing, but the **fleche** is very weak!"

Second, we must have an official symbol which everyone will associate with fencing. My suggestion: Each part of this emblem has a special meaning. The white symbolizes the spotlessly clean uniforms we all (supposedly) have; the red, the blood let from heavy-handed opponents; the blue, half of the black and blue marks left by the

same. The stars represent the type we all aspire to be. As for the invictus cutcheon, I'm tired of having people "Hey, don't you know that the acronym 'American Football League' has one 'A'?"

Lastly, we must make fencing a true national sport. One of the problems in a fencing match is that it's difficult to see the blade movements. For this, I recommend fluorescent blades. (True, to shield for this also entails sunglasses.) Also, the speed of the better fencers is dazzling; to slow down, I suggest that they be held underwater in glass-sided swimming pools. This will also solve the problem of (my) heat exhaustion during matches.

In the sports world, keeping a good image for a sport is essential for that sport being. I urge you, then, to keep fencing's image as a truly enjoyable and noble sport. But if you want to follow my suggestions right ahead: someday we may have **Night Fencing** on national television with Howard Cosell? Better reconsider.



RESULTS

GASPARILLA FENCING TOURNAMENT

The 1979 Gasparilla Fencing Tournament was a huge success. Over 90 competitors participated in the two-day event with new champions crowned in each weapon.

The Women's Foil was won by Carolyn Parker of Florida Atlantic University, with Linda Link of Tallahassee second and Janet Trammell of New Orleans third.

Men's Sabre was won by Dean Alexander of Miami in a fence-off with Mark Smith of Atlanta. Third place went to Christ Trammell of New Orleans.

The Epee event was won by Tom White of Ft. Lauderdale; Mark Forrest of Miami came in Second and Greg Von Seegun of Cocoa, Fla. Third.

The Men's Foil event ended in a three-way barrage between Mark Smith, Mitchell Gross both from Atlanta and Mark Forrest of Miami. Smith won first place, Gross second and Forrest Third.

The Gasparilla Fencing Tournament takes place the first week end in February each year at the Countryside Mall. Plans are already underway for the 1980 affair, which from past experience should prove bigger and better

Gasparilla Fencing Tournament



* * *

82nd Annual Intercollegiate Fencing Assn Championships Results

82nd Annual Intercollegiate Fencing Assn Championships Results

Although Pennsylvania won the Epee and Sabre its 6th place in Foil enabled Princeton with first in Foil and second in Epee and Sabre to win the Three Weapon Championship by two bouts. Rutgers and Navy tied for third place. The Individual results follow:

EPEE

1. Chris Hanson Penn.
2. Charles Helms Princeton
3. L. Dervbinsky NYU

FOIL

1. Edmond McNamara NYU
2. Rich Pantel Princeton
3. James Herring NYU

SABRE

1. Paul Friedberg Penn.
2. Young Sohn Penn.
3. Don Anthony Princeton

35TH ANNUAL NCAA FENCING CHAMPIONSHIP RESULTS

The 35th Annual NCAA Fencing Championships were held at Princeton University March 22-24, 1979. A total of 56 schools was represented by 120 fencers. Jean-Jaques Gillet of Cornell was named the outstanding coach of the year.

Wayne State was first in team totals, Notre Dame second, Penn State third, Princeton and San Jose State tied for fourth and Maryland was sixth.

Individual results were as follows:

Foil

1. Bonk — Notre Dame
2. Thomas — Maryland
3. Simon — Wayne
4. Pantel — Princeton
5. Harris — Penn State
6. McNamara — N.Y.U.

Sabre

1. Rabinovich — Wisconsin
2. Sullivan — Notre Dame
3. Friedberg — U of Penn
4. Renshaw — Clemson
5. Lear — Penn State
6. Cordts — Hopkins

Epee

1. Songini — Cleveland
2. Pezza — Wayne
3. Schifrin — San Jose
4. Dervbinsky — NYU
5. Thomas — Clemson
6. Helms — Princeton

* * *

HELENE MEYER COMPETITION A GREAT SUCCESS

Forty-eight women fencers including Canadians, three Japanese and two lians competed in the Helene Meyer Memorial Competition held in Oakland, March 4, 1979. The American women from six different divisions. It was an tournament with a direct eliminator

RESULTS

- | | |
|----------------|----------------|
| 1. M. Ferguson | Australia |
| 2. S. Badders | Oregon |
| 3. N. Franke | Philadelphia |
| 4. H. Smith | Australia |
| 5. S. Johnson | California Cen |
| 6. P. Balz | Canada |



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**1979 TEXAS COLLEGIATE
FENCING CHAMPIONSHIPS**

FINAL RESULTS

Men's Foil

- | | |
|---------------------|-----|
| 1. Brian Reed, U.H. | 5-0 |
| 2. Mike Monks, U.H. | 4-1 |
| 3. Jim Cherry, SWT | 3-2 |

Women's Foil

- | | |
|---------------------------|-----|
| 1. Kathi Mitchell, SWT | 5-0 |
| 2. Michelle Chateau, U.T. | 3-2 |
| 3. Lynn Brady, TAMU | 3-2 |

Epee

- | | |
|---------------------|-----|
| 1. Mike Monks, U.H. | 4-1 |
| 2. Jim Cherry, SWT | 3-2 |
| 3. Kyle Maysel, SWT | 3-2 |

Sabre

- | | |
|------------------------|-----|
| 1. Brian Reed, U.H. | 8-0 |
| 2. Lanny Morton, U.T. | 7-1 |
| 3. Claude Hippard, SWT | 6-2 |

FINAL TEAM STANDINGS

- | |
|-------------------------------------|
| 1. Southwest Texas State University |
| 2. University of Houston |
| 3. University of Texas — Austin |

**THE FIRST ANNUAL SPARTAN OPEN
AT UNC-G**

Competitors from North Carolina, South Carolina, Tennessee, Virginia, and New Jersey participated in the first annual Spartan Open at UNC-G on Saturday, 24 March 1979. The early morning check-in did not deter the largest tournament turnout in North Carolina this year.

Women's Foil

- | | |
|-----------------------|-----|
| 1st Stephanie Stanley | 6-0 |
| 2nd Karen Marnell | 5-1 |
| 3rd Amy Smith | 4-2 |

Men's Foil

- | | |
|--------------------|-----|
| 1st Al Pyne | 6-1 |
| 2nd Mike Szathmary | 5-2 |
| 3rd Harry Stone | 4-3 |

Men's Sabre

- | | |
|--------------------|-----|
| 1st Mike Szathmary | 6-0 |
| 2nd Dale Drinnon | 5-1 |
| 3rd Antonio Manzon | 4-2 |

PENN STATE OPEN COLLEGIATE

The Seventh Annual Penn State Open Collegiate Invitational Tournament was held November 18 and 19, 1978. The competition ran smoothly and the fencing was excellent. There were 183 participants from 21 schools.

From a field of 65 women the results were:

- | |
|---|
| First - Cathy McClellan, Penn State 5-1 |
| Second - Margaret Szabunia, University of Pa. 4-2 |
| Third - Lori Sobel, University of Pa. 3-2(7) |

The finalists from the 35 men in epee were:

- | |
|--|
| First - Jay Thomas, Clemson 5-1 |
| Second - Chris Hanson, University of Pa. 4-2 |
| Third - Jeff Haney, Penn State 2-3(4) |

The 37 sabre entries finished with the following six men:

- | |
|--|
| First - Don Lear, Penn State 4-1 |
| Second - Jack Simes, University of Maryland 3-2(3) |
| Third - Young Sohn, University of Pa. 3-2(-1) |

The 46 entries in men's foil finished following results:

- | |
|---|
| First - Bradley Thomas, University land 5-0 |
| Second - Jim Herring, NYU 4-1 |
| Third - Ed McNamara, NYU 2-3(|

Next year the tournament will November 10-11 to avoid the home games which make housing imp Please plan ahead and contact Bett 105 White Building, University P 16802.

FPCC/QUEEN CITY CLAS

The FPCC/Queen City Classic was by the Charlotte, N.C. Fencers (March 17. The results follow:

Men's Foil

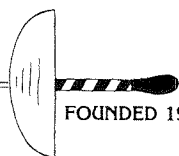
- | |
|------------------------------------|
| 1. Harry Stone, Winston-Salem, FC |
| 2. Al Pyne, Charlotte, FC |
| 3. Calvin Barnhardt, Charlotte, FC |

Women's Foil

- | |
|-----------------------------------|
| 1. Stephanie Stanley, Raleigh, FC |
| 2. Janet Trone, Greensboro, FC |
| 3. Robin Crowwhite, Charlotte, FC |

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NATIONAL SQUAD STANDING January 21, 1979

WOMEN's FOIL	PTS	SABRE	PTS	MEN's FOIL	PTS	EPEE	PTS
1. G D Asaro	171	1. P. Westbrook	176	1. M. Marx	121.5	1. P. Pesthy	134
2. V. Senser	122.5	2. S. Lekach	147	2. J. Nonna	119.5	2. P. Schitrin	118
3. N. Franke	121	3. A. Orban	129	3. E. Donofrio	118	3. B. Makler	108.5
4. D. Waples	108	4. E. House	120	4. G. Massialas	115	4. L. Shelley	106
5. A. Russell	103	5. T. Losnczy	110	5. P. Gerard	100	5. L. Derbinskiy	99
6. S. Johnson	101.5	6. P. Reilly	105	6. M. Lang	88.5	6. S. Bozek	94.5
7. S. Badders	90	7. S. Kaplan	97	7. M. McCahey	82.5	7. W. Dragonetti	76
8T I. Maskal	87	8. J. Glucksmann	87	8. M. Smith	80	8. G. Losey	74
8T E. Ingram	87	9. G. Bartos	81	9. N. Cohen	75	9. R. Nieman	72
10. I. Farkas	84	10. C. Call	76	10. P. Mathis	70	10. W. Johnson	70
11T S. Armstrong	67	11. M. Benedek	66	11. H. Hambarzumian	64	11. C. Hanson	64
11T J. Faulkner	67	12. R. Maxwell	66	12. J. Herring	60	12. R. Marx	51.5
13. J. Angelakis	59	13. P. Apostol	59.5	13. E. Wright	52	13. G. Masin	49
14. E. Girompone	47	14. S. Blum	57.5	14. B. Freeman	51.5	14. J. Myrden	46.5
15. D. Cinotti	46.5	15. M. Sullivan	52	15. W. Krause	48.5	15. C. Farley	44
16. M. Miller	45	16. A. Lara	40.5	16T P. Ashley	48	16. D. Wigodsky	43.5
17. S. Everson	40.5	17. D. Goldberg	36	16T J. Shamash	48	17. J. Moreau	42
18. J. Ellingson	36	18. J. Rabinovich	35	18. J. Biebel	42	18. T. Glass	41.5
19. C. Louie	35	19T S. Beutel	24	19. J. Tichacek	38	19. M. McCaslin	35.5
20. C. Massiala	29.5	19T F. Morea	24	20. B. Jugan	33.5	20. W. Matheson	35
21. I. Guldwaite	29	21. W. Goering	22	21. A. Axelrod	32	21. S. Vandenberg	34.5
22. S. Posthumus	23	22. P. Friedberg	19.5	22. L. Siegel	30.5	22. P. Daley	33
23. A. Kayler	14	23T P. Barcelo	17	23. M. Dale	18.5	23. M. Marx	31.5
24. H. Konecny	13	23T J. Tishman	17	24. R. Wolfson	18	24. M. Duika	20
						25. R. Marin	16.5

CLUB ROSTER

Ed. Note: There are a lot more clubs and salles then are listed here - send in the name of your club for the revised list to be published in the Sept.-Oct. issue.

ALABAMA

Auburn University Fencing Club

Auburn University, Auburn, Alabama
Contact Dr. Robert R. Rea (History Dept.)

ARIZONA

Tucson Fencers Club

135½ So. Sixth Ave.
Tucson, Ariz.
Contact Steve Gerstein 326 8984
Yvonne Gallego 882 8649
Linda Wilson 883 6598

CALIFORNIA

Bakersfield Fencers' Club

1315 B 20 Street
Bakersfield, Ca
Contact Cynthia Combs 323 2358

(For information only)

Cal-Poly Fencing Club

California State Polytechnic University
3801 W. Temple Avenue
Pomona, CA 91768
Contact Mr. Starr Kilian, Coach
By mail or 714-621-5412

Halberstadt Fencers Club

621 So Van Ness Avenue
San Francisco, Ca
Rob Handelmann, Coach 863 3838 or 832

7679

ILLINOIS

Illinois Fencers' Club

Rugan Community Center
901 Shermer Road
Glenview, Ill
Contact Cathleen Weigley
1428 Main St 2nd Floor,
Evanston, Ill 60202

Heart Of Illinois Fencing Club

Contact Leonard Arons 720 W. Willcox
Peoria, Ill 61604; 309 685-5872

Central Fencing Club

Peoria High School
Contact Cynthia Cooper
1615 N. North Street
Peoria, Ill 61604; 309 672-6638

Bradley Fencing Club

Contact Larry Stratton
1217 W. Moss
Peoria, Ill 61606;
309 676-7611 ext 467

INDIANA

Southwestern Indian Fencing Team

Tri-State Racquet Club
Evansville, In 47712
Contact Bonnie Camahan
1030½ Harmony Way #3
Evansville, In 47712

Purdue Fencing Club

Recreational Gymnasium

3rd and N. Intramural Drive
W. Lafayette, Ind.
119 Owen Hall SE
or

Aimee E. Rinker
Box 488 Meredith Hall
Purdue University
W. Lafayette, Ind 47906

LOUISIANA

Ft. Polk Fencing Club

La Louisiane Recreation Center
10th and Alabama Avenue
Fort Polk, La. 71459
Contact Eva Davis
700 Belview Rd
Leesville, La 71446 239-4984

MAINE

Bangor YMCA

Contact Person: Rob Hayden
Bangor YMCA
127 Hammond St.
Bangor, ME

University of Maine-Orono

Contact Person: Linda Rowell
327 Chadbourne Hall
University of Maine
Orono, ME

Ellsworth High School

Contact Person: Joe Mulinare
P. O. Box 625, Ellsworth, Me.

Portland Fencers Club.

Contact Person: Jack McCarthy
3 Waterhouse Rd.
Cape Elizabeth, Me.
04107

Colby College

Contact Person: Mark Kruger
312 Foss Hall
Colby Colleges
Waterville, Me.

University of Maine at Farmington

Contact Person: Dave Goodrich
9 Middle St.
Farmington, Me.

Bates College

Contact Person: Eric Kline
Box 448
Bates College
Lewiston, Me. 04240

MASSACHUSETTS

Plymouth Community Recreation Center

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37 Presidents Lane, RFD #8
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Brookdale Fencing Club

Brookdale College
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Contact Russell Marsh,
B.C.C. Fencing Club
Brookdale College
Lincroft, N.J. 07738
NEW YORK

Sala dell'Orso, f.c.

108 Wooster Street
New York N.Y.
Contact Ross Alexander
212 767 7809

Rochester Fencing Club

French Road Middle School
Rochester N.Y.
Contact J. Bourne 716 224 1527

Fencing Club of Greece

Hoover Drive School
Contact M. Beers 716 865 2350

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(home) 704 3
Al Pyne (work) 704 3
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Larkins Hall 220
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Columbus Ohio
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OKLAHOMA

University of Oklahoma Fencing

Field House
Norman, Oklahoma
Contact: William P. Edwards 325 1
PENNSYLVANIA

(For Information only)

Westchester State Fencing Club

Westchester State College
Westchester, Pa 19380
Contact Anne M. Brown
1883 Faucett Drive
Westchester, Pa 19380

TEXAS

San Antonio Fencing Society

Trinity University Sams Center Ballr
San Antonio
512 735 7685

WEST VIRGINIA

West Virginia University Fencing

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Elizabeth Moore Hall
Morgantown, W.V. 26505
Call Mrs. Pearse (work) 1 204 200 6